

THE FORT HOTEL

BAR MENU



Food Served: Mon-Friday 11:30am-3pm & 5pm-8pm/Saturday 11:30am-8pm/Sunday 12:30pm-8pm

STARTERS

Chef's Soup of the Day.....£3.45

Our own home-made soup served with a crusty roll and butter.

Haggis Bites and Black Pudding and Beetroot Fritters.....£4.95

Haggis in crispy batter with black pudding and beetroot in crispy batter. Served with a salad garnish and pink peppercorn sauce.

Thai Fish Cakes.....£4.95

Mini thai style fish cakes, served with a salad garnish and sweet chilli sauce.

Nachos£4.45

Tortilla chips topped with sour cream, salsa, guacamole & melted mozzarella (Available as a main portion for £7.50). Why not add a helping of chilli con carne for just £1.50?

Garlic Mushrooms.....£4.95

Pan-fried mushrooms in a creamy garlic sauce, served on garlic toast.

Combo Sharer.....£9.95

Jalapeño poppers, southern fried chicken mini fillets, mozzarella sticks, onion rings, garlic bread, potato wedges. Served with 3 dips: garlic mayo, BBQ and sweet chilli sauce.

LIGHT BITES Light bites are available until 3pm.

Wraps A floury tortilla with your choice of filling.

-Sweet Chilli Chicken - Southern fried chicken, iceberg lettuce & sweet chilli sauce.....£5.65

-Tuna & Red Onion - Tuna and red onion mixed with mayonnaise & iceberg lettuce.....£5.25

-Cajun Chicken - Breast of chicken seasoned with cajun spices, salsa and peppers.....£5.65

-Steak, Onion & Mushroom - Stir-fried minute steak, with mushrooms & onions.....£5.80

Filled Sandwiches/Baked Potatoes

Your choice of filling served on white or wholemeal half baguettes or a baked potato.

-Prawn Marie Rose £5.95

-Ham Salad £4.95

-Tuna & Red Onion £4.95

-Roast Beef Salad £4.95

-Cajun Chicken £4.95

-Chicken Salad £4.95

-Brie, Bacon & Cranberry £5.50

-Cheddar Cheese £4.50

-Chilli Con Carne £5.45

-Curry £5.45

Smithy Special Chips or potatoes served in a bowl with your choice of topping£4.75

-Beef Stew

-Macaroni Cheese

-Chilli Con Carne

-Curry

Full allergen information plus our gluten free menu are available on request.

Please note: our cooking oil contains GM products and all our fish and meat products may contain bones. Please be aware that all our dishes are prepared where nuts, gluten and other allergens are present, therefore we cannot guarantee that any item is completely free from traces of allergens due to the risk of cross contamination. For any specific dietary requirements please ask a member of staff before placing your order. Menu descriptions may not list full dish content.

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Old Favourites All served with two sides of your choice.

Steak Pie.....full £9.45/half £5.75

Pieces of tender steak in rich gravy under a crispy puff pastry.

Macaroni Cheese.....full £7.95/half £5.25

Macaroni pasta in a creamy cheese sauce.

Haddock.....full £9.45/half £5.75

Battered or breaded Pittenweem haddock.

Scampi.....full £9.50/half £6.00

Deep-fried & breaded wholetail scampi.

Lasagne Al Forno.....full £8.75/half £5.80

Layers of bolognese, béchamel sauce and pasta - oven baked.

Chicken Goujons.....full £8.50/half £5.70

Crispy chicken goujons served with your choice of garlic mayo or sweet & sour sauce.

SIDES (Extra sides = full £2.50/half £1.25)

Chips
Mashed Potato
Baby Potatoes
Spicy Potato Wedges

Prawn Crackers
Onion Rings
Garlic Bread

Basmati Rice
Naan Bread
Poppadoms

Mixed Veg
Peas
Side Salad
Coleslaw

SAUCES Perfect with our steaks (£2.95 each)

Pink Peppercorn sauce

Jack Daniel's sauce

salad bar All served with one side of your choice.

All of our salads are made with fresh mixed leaves, tomatoes, cucumber, peppers, red onions, and our own creamy coleslaw.

Mixed Salad.....full £9.35/half £6.60

Roast beef, chicken, cheese & ham.

Caesar Salad.....full £8.50/half £5.50

Iceberg lettuce, cherry tomatoes, chicken, bacon, parmesan & caesar salad dressing.

Prawn Salad.....full £9.35/half £6.60

Tuna Salad.....full £8.25/half £5.40

Chicken Salad.....full £8.50/half £5.50

Roast Beef Salad.....full £8.50/half £5.50

Honey Roast Ham Salad.....full £8.50/half £5.50

Cheese Salad.....full £7.50/half £5.00

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FROM THE GRILL

All served with two sides of your choice

8oz Sirloin.....£16.75

Blackened Cajun Salmon.....£9.50

5oz Ribeye.....£8.50

Our beef steaks are grilled to your preference and served with grilled tomato and mushrooms.

Chargrilled Chicken£8.50

A butterfly breast of chicken, grilled to perfection. Available plain, cajun seasoned or with your choice of sauce - peppercorn or sweet & sour.

A BIT OF HEAT...

Mexican Fajitas.....from £9.50

Available in chicken, beef or vegetable. Served with flour tortillas, salsa, sour cream, cheese & guacamole. Chicken = £9.50 Veggie = £9.50 Beef = £9.95

Curry Of The Day.....full £9.50/half £5.75

One of our own recipe curries served with vegetable pakoras and your choice of two sides. Ask your server if a vegetarian option is available today.

Chilli Con Carne.....full £8.35/half £5.60

Our own deliciously hot beef chilli served with two sides of your choice.

SIDES (Extra sides = full £2.50/half £1.25)

Chips
Mashed Potato
Baby Potatoes
Spicy Potato Wedges

Prawn Crackers
Onion Rings
Garlic Bread

Basmati Rice
Naan Bread
Poppadoms

Mixed Veg
Peas
Side Salad
Coleslaw

SAUCES Perfect with our steaks (£2.95 each)

Pink Peppercorn sauce

Jack Daniel's sauce

burgers

All of our burgers are available in beef, grilled chicken breast or vegetable. Served with chips, coleslaw, relish and salad.

Plain Burger £6.55

No toppings, plain & simple.

Fort Burger £8.10

Topped with bacon and cheddar cheese.

Mexican Burger £7.55

Topped with chilli con carne

Cheddar Burger £7.55

Topped with melted cheddar cheese.

Ferry Burger £7.85

Topped with fried onions and mushrooms.

Spicy Burger £7.85

Topped with jalepenos and melted mozzarella cheese.

Ultimate Burger £9.95

A double stacked burger - one half topped with onions and mushrooms and the other with bacon and cheese!

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CHEF'S SEASONAL SPECIALITIES

Our Head Chef has carefully chosen these dishes to take advantage of the products on offer during the different seasons of the year - this particular menu is updated regularly and sure to tickle your tastebuds!

Caribbean Chicken

Butterfly breast of chicken, pan fried in panko breadcrumbs, with our own rum based caribbean sauce. Served with two sides of your choice.

£9.95

Spinach & Ricotta Canneloni

Canneloni pasta stuffed with spinach and ricotta, topped with Neapolitan sauce and mozzarella cheese. Served with two sides of your choice

£8.95 (V)

Smoky Mountain Burger

Your choice of Beef or Grilled Chicken topped with smoked cheese, bacon and BBQ sauce served with chips, coleslaw and salad garnish

£8.50

Poached Salmon Salad

Freshly poached salmon on a bed of mixed leaves, ribbons of cucumber and peppers, sunblush tomatoes. and our own honey mustard dressing.

Served with one side of your choice

£9.50 (GF)

Beef Satay

Strips of beef, onion, mangetout and baby corn, stir fried in a spicy satay sauce served with soft noodles

£9.95

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Desserts £4.95

Complete your meal and satisfy your sweet tooth with our delicious home-style dessert selection!

Banoffee Pie Sweet tartlet filled with banana, caramel and cream.

Chocolate Fudge Cake Warm chocolate fudge cake served with your choice of cream or ice cream.

Sticky Toffee Pudding Our classic sponge drenched with a rich toffee sauce. Served with your choice of cream or ice cream.

Cheesecake of the Day Our home-made, Italian style cheesecake. Served with your choice of cream or ice cream.

Crepes Filled with nutella and strawberries. Served with your choice of cream or ice cream.

Strawberry Pavlova Meringue nest filled with strawberries and cream

Belgian Waffles Served with vanilla ice cream and maple syrup

Speciality Ice Creams Ask your server for available flavours of the week

HOT BEVERAGES

Espresso The classic strong italian drink.

Machiato Espresso topped with a spoonful of foamed milk.

Americano Espresso with fresh hot water

Cafe Latte Espresso with a generous amount of hot steamed milk

Cappuccino Espresso topped foamed milk and dusted with chocolate

Fairtrade Teas Variety of teas with fresh hot water

Hot Chocolate Smooth & sweet chocolate with steamed milk, cream, and marshmallows

Pot of tea Breakfast tea with fresh hot water

Pot of coffee Instant coffee with fresh hot water

Regular	Large
£1.20	£1.55
£1.20	£1.55
£1.75	£1.95
£1.95	/
£1.95	£2.20
£1.55	/
£2.15	/
£1.00	/
£1.20	/

Liquer Coffees - £3.95

Alpine Coffee

With Grand Marnier & Disaronno

Irish Coffee

With Jamesons

Cuban Coffee

With Havana Club Especial

Amaretto Coffee

With Disaronno

Jamaican Coffee

With Tia Maria & OVD

Irish Cream Coffee

With Baileys

Golfers Coffee

With Drambuie

Flavoured syrups are available to add to your coffee for 30p.