



# WELCOME



## **FOOD SERVED**

MONDAY–THURSDAY: 11:30AM–3PM & 5PM–8PM

FRIDAY: 11:30AM–3PM & 4:30PM–8PM

SATURDAY: 11:30AM–8PM

SUNDAY: 12:30PM–8PM





# STARTERS



**CHEF'S SOUP OF THE DAY (GF) \*IF AVAILABLE** ~ 3.90

Our own home-made soup served with a crusty roll and butter.

**HAGGIS BITES AND BLACK PUDDING & BEETROOT FRITTERS** ~ 5.50

Haggis in crispy batter with black pudding and beetroot in crispy batter, served with a salad garnish and pink peppercorn sauce.

**THE FORT'S DIRTY FRIES** ~ 5.50

Wedges topped with jalapenos, bacon bits & mozzarella cheese

- Add Chilli (GF) + 2.50

- Add Mac & Cheese + 2.50

**HALLOUMI BITES (GF)** ~ 5.50

Halloumi pieces cooked until golden brown, served with a sweet chilli dip.

**PRAWN COCKTAIL (GF)** ~ 5.95

Prawns in a Marie Rose sauce with a salad garnish.

**NACHOS** ~ 4.90

Tortilla chips topped with sour cream, salsa, guacamole & melted mozzarella.

- Available as a main portion ~ 8.25

- Why not add a helping of chilli con carne ~ 2.00

**GARLIC MUSHROOMS (GF)** ~ 5.50

Pan-fried mushrooms in a creamy garlic sauce, served on garlic toast.

**COMBO SHARER** ~ 10.95

Jalapeño poppers, southern fried chicken mini fillets, mozzarella sticks, onion rings, garlic bread, potato wedges. Served with 3 dips: garlic mayo, BBQ and sweet chilli sauce.

- Poppers, fillets or sticks available on their own with a side salad ~ 4.90



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# LIGHT BITES



AVAILABLE UNTIL 3PM.

## WRAPS

A floury tortilla with your choice of filling:

- Sweet Chilli Chicken - Southern fried chicken, iceberg lettuce & sweet chilli sauce. ~ 6.25
- Tuna & Red Onion - Tuna and red onion mixed with mayonnaise & iceberg lettuce. ~ 5.95
- Cajun Chicken - Breast of chicken seasoned with cajun spices, salsa and peppers. ~ 6.25
- Steak, Onion & Mushroom - Stir-fried minute steak, with mushrooms & onions. ~ 7.25

## FILLED BAGUETTES/BAKED POTATOES

\*(GF) BAKED POTATOES CAN BE SERVED GLUTEN FREE, NOT BAGUETTES

Your choice of filling served on a white half baguette or a baked potato.

- Prawn Marie Rose (GF) ~ 6.95
- Ham Salad (GF) ~ 5.50
- Tuna & Red Onion (GF) ~ 5.50
- Roast Beef Salad (GF) ~ 5.50
- Cajun Chicken (GF) ~ 5.95
- Chicken Salad (GF) ~ 5.50
- Cheddar Cheese (GF) ~ 5.25
- Chilli Con Carne (GF) (only baked potatoes) ~ 5.95
- Curry (GF) (only baked potatoes) ~ 5.95
- Coronation Chicken (GF) ~ 5.95

## SMITHY SPECIAL

~ 5.50

Chips or potatoes served in a bowl with your choice of topping

- Beef Stew (GF)
- Macaroni Cheese
- Chilli Con Carne (GF)
- Curry (GF)\*ON REQUEST



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# OLD FAVOURITES



ALL SERVED WITH TWO SIDES OF YOUR CHOICE

**STEAK PIE** ~ full 10.95 / half 6.75

Pieces of tender steak in rich gravy under puff pastry.

**MACARONI CHEESE** ~ full 8.95 / half 5.95

Macaroni pasta in a creamy cheese sauce.

**HADDOCK** (GF)\*ON REQUEST ~ full 10.95 / half 6.75

Battered or breaded Pittenweem haddock.

**SCAMPI** ~ full 10.95 / half 6.95

Deep-fried & breaded whole tail scampi.

**LASAGNE AL FORNO** ~ full 9.45 / half 6.75

Layers of bolognese, béchamel sauce and pasta - oven baked.

**CHICKEN GOUJONS** (GF)\*ON REQUEST ~ full 9.45 / half 6.75

Battered chicken goujons served with your choice of garlic mayo or sweet & sour sauce.

## 2 X SIDES

Chips / Mashed Potato / Baby Potatoes / Potato Wedges

Basmati Rice / Naan Bread / Mixed Vegetables / Peas

Coleslaw / Beans / Garlic Bread / Side Salad

**EXTRA SIDES** ~ full £3.00/half £1.50

Prawn Crackers / Onion Rings / Poppadoms / Garlic Bread with Cheese

**SAUCES** Perfect with our steaks ~ £2.95 each

Pink Peppercorn Sauce / Jack Daniel's Sauce



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# BURGERS



ALL OF OUR BURGERS ARE AVAILABLE IN BEEF, GRILLED CHICKEN BREAST, VEGETABLE OR HALLOUMI. SERVED WITH CHIPS, COLESLAW AND SALAD.

<b>PLAIN BURGER</b>	~ 7.95
<i>No toppings, plain &amp; simple.</i>	
<b>CHEDDAR BURGER</b>	~ 8.55
<i>Topped with melted cheddar cheese.</i>	
<b>FORT BURGER</b>	~ 9.25
<i>Topped with bacon and cheddar cheese.</i>	
<b>FERRY BURGER</b>	~ 8.85
<i>Topped with fried onions and mushrooms.</i>	
<b>MEXICAN BURGER</b>	~ 8.95
<i>Topped with chilli con carne.</i>	
<b>SPICY BURGER</b>	~ 8.95
<i>Topped with jalepenos and melted mozzarella cheese.</i>	
<b>SMOKY MOUNTAIN BURGER</b>	~ 9.25
<i>Topped with smoked cheese, bacon and BBQ sauce.</i>	
<b>DOUBLE UP ANY BURGER FOR AN EXTRA</b>	~ 2.50

ALL OF OUR BURGERS ARE GLUTEN FREE,  
BUT PLEASE ASK IF WE HAVE GLUTEN FREE BUNS



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# FROM THE GRILL



ALL SERVED WITH TWO SIDES OF YOUR CHOICE

**8OZ SIRLOIN (GF)** ~ 18.75

**5OZ RIBEYE (GF)** ~ 9.95

Our steaks are grilled to your preference and served with grilled tomato and mushrooms.

**CHARGRILLED CHICKEN (GF)** ~ 10.50

A butterfly breast of chicken, grilled to perfection. Available plain, cajun seasoned or with your choice of sauce - peppercorn or sweet & sour.

**CARIBBEAN CHICKEN** ~ 10.95

A butterfly breast of chicken, pan fried in panko breadcrumbs, with our own rum based caribbean sauce. Served with two sides of your choice.

**A BIT OF HEAT**

**MEXICAN FAJITAS (GF)\*IS WITHOUT TORTILLAS**

Available in chicken, beef or vegetable. Served with our tortillas, salsa, sour cream, cheese & guacamole.

- Chicken ~ 11.45

- Vegetable ~ 10.45

- Beef ~ 11.95

**CURRY OF THE DAY (GF)\*ON REQUEST** ~ full 10.95 / half 6.75

One of our own recipe curries served with vegetable pakoras and your choice of two sides. Ask your server if a vegetarian option is available today.

**CHILLI CON CARNE (GF)** ~ full 9.45/half 6.50

Our own deliciously hot beef chilli served with two sides of your choice.



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# SPECIALS



OUR HEAD CHEF HAS CAREFULLY CHOSEN THESE DISHES TO TAKE ADVANTAGE OF THE PRODUCTS ON ORDER DURING THE DIFFERENT SEASONS OF THE YEAR - THIS PARTICULAR MENU IS UPDATED REGULARLY AND SURE TO TICKLE YOUR TASTEBUDS!

## MANGO CHICKEN

~ 10.95

Succulent breast of chicken coated with mango & lime sauce.  
Served with your choice of 2 sides

## BEEF STROGANOFF

~ 10.95 / 6.75

Strips of steak, mushrooms & onions flambé in brandy and coated in a creamy sauce. Served with your choice of 2 sides

## HAWAIIAN BURGER

~ 9.25

Your choice of burger (beef or chicken) topped with ham, pineapple and cheese. Served with salad garnish, coleslaw and fries

## WARM CHICKEN & BACON SALAD

~ 10.35 / 7.50

Mixed leaves, cucumber, peppers & sunblush tomatoes, our house dressing and topped with breast of chicken & strips of bacon. Served with your choice of 1 side

## 2 X SIDES

Chips / Mashed Potato / Baby Potatoes / Potato Wedges  
Basmati Rice / Naan Bread / Mixed Vegetables / Peas  
Coleslaw / Beans / Garlic Bread / Side Salad

## EXTRA SIDES

~ full £3.00/half £1.50

Prawn Crackers / Onion Rings / Poppadoms / Garlic Bread with Cheese

## SAUCES Perfect with our steaks

~ £2.95 each

Pink Peppercorn Sauce / Jack Daniel's Sauce



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# SALAD BAR



ALL SERVED WITH ONE SIDE OF YOUR CHOICE

<b>MIXED SALAD (GF)</b> Roast beef, chicken, cheese & ham.	~ full 10.35 / half 7.50
<b>CAESAR SALAD (GF)*NO CROUTONS</b> Iceberg lettuce, cherry tomatoes, chicken, bacon, parmesan & caesar salad dressing.	~ full 10.35 / half 7.50
<b>PRAWN SALAD (GF)</b>	~ full 10.50 / half 7.75
<b>TUNA SALAD (GF)</b>	~ full 10.35 / half 7.50
<b>CHICKEN SALAD (GF)</b>	~ full 9.75 / half 6.95
<b>ROAST BEEF SALAD (GF)</b>	~ full 9.95 / half 6.75
<b>HONEY ROAST HAM SALAD (GF)</b>	~ full 9.50 / half 6.50
<b>CHEESE SALAD (GF)</b>	~ full 8.50 / half 6.00

All of our salads are made with fresh mixed leaves, tomatoes, cucumber, peppers, red onions, our own creamy coleslaw and drizzled with our honey & mustard dressing



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# DESSERTS



COMPLETE YOUR MEAL AND SATISFY YOUR SWEET TOOTH WITH  
OUR DELICIOUS HOME-STYLE DESSERT SELECTION!

- BANOFFEE PIE** ~ 5.95  
Sweet tartlet filled with banana, caramel and cream.
- CHOCOLATE FUDGE CAKE (GF)** ~ 5.95  
Warm chocolate fudge cake served with your choice of cream or ice cream.
- HOMEMADE STICKY TOFFEE PUDDING** ~ 5.95  
Our classic sponge drenched with a rich toffee sauce,  
served with your choice of cream or ice cream.
- HOMEMADE CHEESECAKE OF THE DAY** ~ 5.95  
Our home-made, Italian style cheesecake,  
served with your choice of cream or ice cream.
- HOMEMADE CREPES** ~ 5.95  
Filled with nutella and strawberries,  
served with your choice of cream or ice cream.
- STRAWBERRY PAVLOVA (GF)** ~ 5.95  
Meringue nest filled with strawberries and cream.
- CHURROS** ~ 5.95  
Served with warm Nutella dip.

<b>SPECIALITY ICE CREAMS (GF)</b> ~ 2.95 / 3.95 / 4.95 Ask your server for available flavours of the week.	1 SCOOP / 2 SCOOPS / 3 SCOOPS
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## HOT BEVERAGES

	REGULAR	LARGE
<b>Espresso</b> The classic strong italian drink.	1.20	1.55
<b>Machiatto</b> Espresso topped with a spoonful of foamed milk.	1.20	1.55
<b>Americano</b> Espresso with fresh hot water.	1.75	1.95
<b>Caffe Latte</b> Espresso with a generous amount of hot steamed milk.	1.95	-
<b>Cappuccino</b> Espresso topped foamed milk and dusted with chocolate.	1.95	2.20
<b>Hot Chocolate</b> Smooth chocolate, steamed milk, cream and marshmallows.	2.15	-
<b>Pot of Tea</b> Breakfast tea with fresh hot water.	1.55	-



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# KIDS MENU



ALL KIDS MEALS ARE SERVED WITH EITHER CHIPS OR MASH, AND BEANS OR VEG.  
PRICE INCLUDES A GLASS OF FRUIT CORDIAL AND A DESSERT. 12 YEARS AND UNDER ONLY.

PLAIN BURGER	~ 5.95
CHICKEN GOUJONS (GF)	~ 5.95
BATTERED FISH GOUJONS (GF)	~ 5.95
CURRY	~ 5.95
MACARONI CHEESE	~ 5.95
SPAGHETTI BOLOGNESE	~ 5.95
LASAGNE	~ 5.95
SAUSAGES	~ 5.95

## DESSERT

### KIDS SUNDAE

Choose from vanilla, chocolate or strawberry ice cream and add either chocolate, toffee, raspberry or strawberry sauce.

### ICE LOLLY

Ask your server for today's selection.



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