

## starters

## CHEF'S HOME-MADE SOUP (Gf).on reauest ${ }^{\sim} 4.95$

Soup of the Day served with crusty bread
HAGGIS BITES ..... ~ 6.50
Haggis bites in a crispy batter accompanied by black pudding and beetroot bites in crispy batter served with salad garnish and pink peppercorn sauce.
HALLOUMI BITES (gr) ..... ~ 6.75
Halloumi pieces cooked until golden brown, served with a sweet chilli dip
PRAWN COCKTAIL ..... (GF) ..... ~ 7.50Prawns in a Marie Rose sauce, served with a salad garnish
SOUTHERN FRIED CHICKEN TENDERS ..... ~ 6.95Served with salad garnish and sweet chilli sauce
baked potatoes
FILLED JACKET POTATO ..... ~ 8.50
Served with salad garnish and our own special slaw
Fillings:

- Coronation Chicken (GF)
- Chicken \& Sweetcorn Mayo (GF)
- Mature Red Cheddar \& Beans (Gf)
- Chilli Con Carne (GF)
- Curry of the Day
- 4 Bean Chilli (GF)


## baguettes \& wraps

WHITE OR BROWN BAGUETTES/WRAPS ..... $\sim 7.50$
Served with your choice of filling, salad garnish and crisps

Fillings:

| - Tuna Mayo | - Cheese Savoury | - Egg \& Cress |
| :--- | :--- | :--- |
| - Ham \& Tomato | - Prawn Marie Rose | - Coronation Chicken |
| - Chicken \& Sweetcorn Mayo | - Sweet Chilli Chicken |  |

- Ham \& Tomato

ADD SOUP:~ 3.50

## classics

FULL
SMALL
HOME-MADE STEAK PIE ..... 13.95 ..... 8.95
Pieces of tender steak in rich gravy under puff pastry
BATTERED / BREADED HADDOCK ..... 13.95 ..... 8.95
REQUEST
Battered or breaded Pittenweem haddock
MACARONI CHEESE ..... 11.95 ..... 7.95
Macaroni pasta in a creamy cheese sauce.
BATTERED CHICKEN GOUJONS (GF).on reauest 13.25 ..... 8.50Served with garlic mayo or sweet \& sour sauce.
SMOKED HADDOCK MORNAY ..... 13.95 ..... 8.95Smoked fillet of haddock smothered in a rich cheese saucegarnished with chives. Served with your choice of two sides.
SCAMPI ..... 13.45 ..... 8.75Deep-fried \& breaded wholetail scampi.
BUTTERFLY CHICKEN ..... 13.95Plain, Cajun, Pepper (not GF), Sweet \& Sour.
LASAGNE AL FORNO13.958.95The Forts very own traditional Lasagne.
*FOR ABOVE MEALS, PICK 2 SIDES:
chips, curly fries, baby potatoes, mashed potatoes, salad, peas, mushy peas, carrots, beans, onion rings, garlic bread, naan, basmati rice, mixed veg, coleslaw, Fort special slaw
Extra side: ..... 2.50 ..... 1.25
SUNDAY ROAST ..... 14.95 ..... 9.95
Served with roast potatoes \& veg
Add Yorkshire Pudding ..... +1.00
AVAILABLE SUNDAY ONLY, SEE CHALK BOARD FOR DETAILS

## salads

FULL SMALL
HAM SALAD ..... (GF)~ 12.95 / 8.95
CHEESE SALAD ..... (GF) ..... ~ $11.95 / 8.50$
CHICKEN SALAD ..... (GF)
(GF) ..... ~ $13.75 / 8.95$
PRAWN SALAD ..... (GF) ..... ~ $13.95 / 9.25$
ADD PRAWNS OR CHICKEN ..... $+2.50$

Served with either baby potatoes or chips and are made with fresh mixed leaves, tomatoes, cucumber, peppers, red onions, our own creamy coleslaw and drizzled with our honey \& mustard dressing.

## burgers

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ALL OF OUR BURGERS ARE AVAILABLE IN BEEF, CHICKEN, VEGAN \& HALLOUMI.
SERVED WITH CHIPS, SALAD GARNISH \& COLESLAW
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## PLAIN BURGER <br> ~ 10.95 <br> No toppings, plain \& simple

CHEDDAR BURGER ..... ~ 11.50
Topped with melted cheddar cheese
FORT BURGER~ 11.50Topped with bacon and cheddar cheese
MEXICAN BURGER ..... ~ 11.50
Topped with chilli con carne or 4 bean chilli (v/vegan)
SMOKY MOUNTAIN BURGER ..... ~ 11.50
Topped with smoked cheese, bacon and BBQ sauce
CALEDONIA BURGER~ 11.50Topped with haggis and served with pink peppercorn sauce
DOUBLE UP ANY BURGER FOR AN EXTRA ..... ~ 3.00
*All of our burgers are gluten free, but please ask if we have gluten free buns

## touch of heat

FULLSMALL
CHILLI ..... (GF)
~12.9 ..... 8.50
Chilli Con Carne served with chips or rice
4 BEAN CHILLI ..... (GF)
~12.9 ..... 8.505
4 Bean Chilli served with chips or rice
CURRY OF THE DAY ..... ~13.9 ..... 8.95Served with chips or rice
MEXICAN FAJITAS (GF)*IS WITHOUT TORTILLASAvailable in chicken or vegetable.Served with tortillas, salsa, sour cream, cheese \& guacamole

- CHICKEN ..... ~13.9
- BEEF ..... ~13.95- VEGGIE~12.45
MONGOLIAN BEEF ..... 13.95Tender strips of beef and spring onions in a lightly spiced sauce.Served with your choice of two sides.
SIDES:chips, curly fries, baby potatoes, mashed potatoes, salad, peas,mushy peas, carrots, beans, onion rings, garlic bread, naan,basmati rice, mixed veg, coleslaw, Fort special slaw
Extra side:2.501.25


## vegan

FULLHALF
PLAIN BURGER ..... ~ 10.95Served with chips
MEXICAN BURGER ..... ~ 11.50Served with 4 bean chilli \& fries
STIR FRY ..... ~ 13.50Teriyaki, Cajun or Sweet and Sour sauce.Served with your choice of two sides
CURRY OF THE DAY ..... ~ 13.95 ..... 8.95
Served with chips or rice
4 BEAN CHILLI~ 12.958.50Served with chips or rice
VEGAN FAJITAS ..... ~ 12.45Served with tortillas, salsa and guacamole
*FOR ABOVE MEALS, PICK
SIDES:
chips, baby potatoes, salad, peas, carrots,beans, onion rings, naan bread, mixed vegExtra side:~ 2.501.25

## vegetarian

FULLHALF
MACARONI CHEESE ..... ~ 11.95 ..... 7.95
Macaroni pasta in a creamy cheese sauce.Served with your choice of two sides
STIR FRY ..... ~ 13.50Teriyaki, Cajun or Sweet and Sour Sauce.Served with your choice of two sides
4 BEAN CHILLI ..... ~ 12.95 ..... 8.50
Served with chips or rice
CURRY OF THE DAY ..... ~ 13.95 ..... 8.95Served with chips or rice
VEGETABLE FILO NESTS ..... $\sim 13.95$See your server for options.
*FOR ABOVE MEALS, PICK 2 SIDES:chips, baby potatoes, mashed potatoes, salad, peas, carrots, beans, onionrings, garlic bread, naan bread, mixed veg, coleslaw, Fort special slawExtra side: $\sim 2.50$1.25
VEGGIE FAJITAS ..... ~ 12.45
Served with tortillas, salsa, sour cream, cheese \& guacamole
PLAIN BURGER ..... ~ 10.95Served with chips and coleslaw
CHEDDAR BURGER ..... ~ 11.50Served with chips and coleslaw
4 BEAN BURGER ..... ~ 11.50
Served with chips and coleslaw
HALLOUMI BURGER ..... ~ 10.95
Served with chips and coleslaw

## gluten free

| BATTERED HADDOCK | fULL | Half |
| :--- | ---: | ---: |
| Battered Pittenweem haddock, <br> Served with your choice of two sides | $\sim 13.95$ | 8.95 |
| BATTERED CHICKEN GOUJONS <br> Served with Garlic Mayo or Sweet and Sour Sauce. <br> Served with your choice of two sides | $\sim 13.25$ | 8.50 |
| BUTTERFLY CHICKEN <br> Plain, Cajun, Sweet \& Sour, Mango. <br> Served with your choice of two sides | $\sim 13.95$ |  |

*FOR ABOVE MEALS, PICK 2 SIDES:
chips, baby potatoes, mashed potatoes, salad, peas, carrots, beans, onion rings, garlic bread, mixed veg, coleslaw, Fort special slaw
Extra side: ..... ~ 2.50 ..... 1.25
CHILLI ..... ~ 12.95 ..... 8.50
Chilli Con Carne served with chips or rice
4 BEAN CHILLI ..... ~ 12.95 ..... 8.50
Served with chips or rice
CURRY OF THE DAY ..... ~ 13.95 ..... 8.95
Served with chips or riceCHICKEN FAJITAS (WITHOUT TORTILLAS) $\sim 13.95$Served with salsa, sour cream, cheese \& guacamole
VEGGIE FAJITAS (without tortillas) ..... ~ 12.45
Served with salsa, sour cream, cheese \& guacamole**ALL SALADS AND BURGERS ARE GLUTEN FREE**

## desserts

WARM CHOCOLATE FUDGE CAKE (GF) ..... ~ 6.50Warm chocolate fudge cake, served with your choice of cream or ice cream
STICKY TOFFEE PUDDING ..... ~ 6.50
Classic sponge drenched with a rich toffee sauce, served with your choice of cream or ice cream
CHEESECAKE OF THE DAY ..... ~ 6.50
Our home-made cheesecake, served with your choice of cream or ice cream
CHURROS~ 6.50With warm Nutella dip, served with your choice of cream or ice cream
ICE CREAM\$af)Ask your server for available flavours of the week
hot beverages
Espresso The classic strong italian drink ..... 1.45 ..... 1.80
Macchiato Espresso topped with a spoonful of foamed milk ..... 1.45 ..... 1.80
Americano Espresso with fresh hot water ..... 2.10 ..... 2.30
Caffe Latte Espresso with a generous amount of hot steamed milk ..... 2.35
Cappuccino Espresso topped foamed milk and dusted with chocolate ..... 2.35 ..... 2.55
Hot Chocolate Smooth chocolate, steamed milk, cream and marshmallows ..... 2.40Pot of Tea Breakfast tea with fresh hot water 2.00

